

WHAT IS ASHITABA (Japanese Parsley)

(ASHITABA – “King of Vegetables” and “The Leaf of Tomorrow”)

Japanese ASHITABA from Hachi Jo Island survives on volcanic rocks and soil with very high salinity environment. Its Botanical name is *Angelica Keiskei* Koidzumi. It is reputed by its name of tomorrow's leaf or weed. It was named for its ability to reproduce green stems and leaf almost on a daily basis. Japanese Parsley is a herbaceous plant that grows year round. This greenish yellow vegetable has been mentioned in many ancient Japanese Medical Writings. It has been consumed as a vegetable and medicine for many 100's of years by the local island herbalists.

{tab=Medicinal Value}

Medicinal Value of this plant



While the plants of the specie of *Angelica* family have a 2,000 year long history in China and Japan as medicinal herbs, this ASHITABA strain is superior to all of them, including other ASHITABA plants grown off the island.

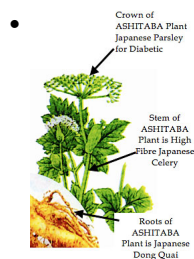
The oldest written record of the medicinal value of ASHITABA appears in a Chinese book listing the medicines that are derived from grass. The book was first published during the Ming Dynasty and was written by Dr. Lee during his lifetime from 1518 to 1593 AD. This book was then transcribed into Latin, English, German, Russian and became internationally famous as a publication on Oriental Medicine. The book was later brought to Japan in 1606 and presented to the Shogun by a Razan Hayashi.

ASHITABA contains a variety of vitamins, minerals, proteins and plant fiber. The leaves and stems are used to extract a yellowish liquid from the plant.

{tab=Its Uniqueness} **WHAT IS UNIQUE ABOUT ASHITABA?**

ASHITABA (Japanese Parsley sometimes known as Japanese Dong Quai) is a unique strain of celery-like vegetable, acts as immune system stimulant, which has inhibited the growth of unhealthy cell mutation. It helps to maintain the healthy function of the intestines and stomach, while also possessing possible anti-viral, anti-bacterial, and anti- acidic agents. In addition, ASHITABA has a warming effect on the uterus, which assists in relieving menstrual pains.

{tab=Its Goodness} **WHAT IS ESPECIALLY GOOD ABOUT JAPANESE ASHITABA PLANT?** Japanese Parsley (locally known as ASHITABA) is recommended for all men and women of all ages, especially has been used as traditional herbal formulation for treating the following disorders:



Improve immunity systems.

- GI tract disorders, Acute gastritis, chronic gastritis.
- Hlorhydria, stomach cancer, duodenal ulcer.
- Descensus ventricule, gastric atonia, chronic enteritis.
- Carcinoma and Melanoma.
- Chronic hepatitis, Blood Cleansing.
- Diabetics and Insulin Diabetic dependent.
- Hyperglycemia, Normalizing of Sugar Level in the Blood.
- Asthma and common colds.
- Cell reproduction, Cell Revival.
- High blood pressure, Vascular augmentation.
- Anemia.
- Chronic Fatigue Hangover.
- Increase in Production of sperm.
- Shoulder Stiffness.
- Laxative, Diuretic, Neurosis.
- Hemorrhoids.
- Relieving of menopause and PMS symptoms.
- Ageing of skin, beautiful skin complexion.

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